

# Cookies

Cookies (each includes tax) - \$1.25

- chocolate chip
- coconut crisp
- chocolate coconut crisp
- peanut butter
- chocolate peanut butter
- oatmeal raisin
- gingerSnap
- oatmeal scotchies

Package of 8 Cookies- \$7

# Squares & Cakes

Sizes	9x13	or	8x8
Raspberry Squares	\$22		\$12
Brownies	\$22		\$12
Lemon Bar	\$22		\$12
Carrot Cake	\$22		\$12
Date Squares	\$22		\$12
Blackbean Brownie	\$22		\$12
(No dairy, Gluten Smart)			
Nanaimo Bars	\$30		\$16
(Coffee, orange, mint, peanut butter)			

# Party Platters

Assorted dessert (40 pieces) - \$50.00



[themindfulmouthful.ca](http://themindfulmouthful.ca)

250-746-4135 x.226

# Savoury Stuff

Large Sausage Rolls (each) - \$2.00

Cocktail Sausage Rolls (dozen) - \$10.00

Cocktail Quiche (dozen)

Bacon - \$11.95

Seafood - \$11.95

Spinach & Feta - \$11.95

Quiche 9"

Seafood - \$14.95

Bacon - \$14.95

Spinach & Feta - \$14.95

Quiche 5"

Seafood - \$5.95

Bacon - \$5.95

Spinach & Feta - \$5.95

MEAT PIES (5") - \$5.95

Beef, Chicken or Steak & Kidney

Any Dozen Meat Pies - \$65.45

(buy 11 & get 1 free)

★★ Discount - 10% off all items for  
Seniors/Students/PwD ★★

Please contact us for a wholesale  
price list.