

Cookies

Cookies (each includes tax) - \$1.25

chocolate chip

coconut crisp

chocolate coconut crisp

peanut butter

oatmeal raisin

gingerSnap

Cookies (includes tax)

Package of 8 - \$8

Squares & Cakes

Sizes	9x13	or	8x8
Raspberry Squares	\$24		\$14
Brownies	\$24		\$14
Lemon Bar	\$24		\$14
Carrot Cake	\$24		\$14
Date Squares	\$24		\$14
Blackbean Brownie (No dairy, Gluten Smart)	\$24		\$14

Nanaimo Bars (Coffee, orange, mint, peanut butter)	\$32	\$18
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Party Platters

Assorted dessert (40 pieces) - \$60.00



themindfulmouthful.ca

250-746-4135

Savoury Stuff

Large Sausage Rolls (each) - \$3.00

Cocktail Sausage Rolls (dozen) - \$10.00

Cocktail Quiche (dozen)

Bacon - \$ 13.50

Seafood - \$ 13.50

Spinach & Feta - \$ 13.50

Quiche 9"

Seafood - \$ 15.00

Bacon - \$ 15.00

Spinach & Feta - \$ 15.00

Quiche 5"

Seafood - \$ 7.00

Bacon - \$ 7.00

Spinach & Feta - \$ 7.00

MEAT PIES (5") - \$7.00

Beef, Chicken or Steak & Kidney

Any Dozen Meat Pies - \$ 80.00

(buy 11 & get 1 free)

★★ Discount - 10% off all items for
Seniors/Students/PWD ★★

Please contact us for a
wholesale price list.